



How to talk about Workit Health

Workit Health brings private and effective treatment for opioid or alcohol addiction right to your members

What is Workit Health?

Workit Health is an online treatment provider that brings clinical care for substance use disorders to your smartphone. It includes video appointments with non-judgmental providers who prescribe medication as appropriate, online recovery groups for support and personal connections, and in-app tools like therapeutic courses.

What type of substance use disorders do they treat?

Workit Health specializes in evidence-based treatment programs for opioid and alcohol use disorders.

I have a dual diagnosis/other conditions. Can Workit Health treat those as well?

Workit Health providers treat over 30 co-existing conditions common among people with substance use disorders—including anxiety, depression, insomnia, and hepatitis C. They can also prescribe PrEP for HIV prevention.

Does Workit Health kick people out for using substances?

No. This program is based in harm reduction and celebrates all positive steps forward. Members are not punished or kicked out of the program for using substances or relapsing.

Do I have to identify as an addict or alcoholic to enroll in Workit Health?

No, you never have to identify by a label to be a member. You deserve support regardless of how you identify.

Is this program confidential?

Yes. Workit Health takes your privacy seriously. They will never release your information to anyone without your permission. And because you can attend appointments and meetings from anywhere with wifi, many members feel that it is more discreet than in-person treatment.

What medications do Workit Health providers prescribe?

Prescribing medication is always at the discretion of the provider. In the opioid use disorder program, providers can prescribe buprenorphine/naloxone (brand name Suboxone) and naltrexone. In alcohol use disorder programs, they can prescribe naltrexone, acamprosate, and disulfiram. They may also prescribe medications to ease withdrawal symptoms, treat anxiety and depression, support nicotine cessation, and address co-existing conditions as needed and appropriate.

What do I need to enroll in Workit Health?

You will need to have a smartphone, computer, or tablet with a camera and internet connection. You will also need your ID and insurance card.

What if I change my mind and want to cancel?

You can pause or cancel your participation at any time. Just as no one needs to know if you start the program, no one needs to know if you stop.

How do I enroll?

Signing up is quick and easy:

1. Go to workithealth.com and click **Join Now** in the top right
2. Answer a few quick questions and upload your ID and insurance info.
3. Schedule your first appointment.